



Quarterly Newsletter

July 2021

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Check out our **Calendar of Events** page for upcoming important events and Board Meetings.



Plan Year 2022 Starting July 1, 2021

The Public Employees' Benefits Program (PEBP) welcomes you to a new plan year. There have been changes premiums as well benefit changes. To view Plan Year 2022 monthly premium rates, please click here. To view a summary of PY22 changes please view the PY22 Changes section in the Benefit Guide or Medicare Guide.

The start of a new plan year is an excellent time to schedule your annual exams and preventive screenings. Just a quick reminder, all PEBP plans Included in your monthly pay 100% for preventive services, teeth exams and four teeth cleanings a year when you use an in-network provider.

For more details review the Preventive Services section in your Plans

Master Plan Document. Or for a complete list of preventative care services click here.

premium you also have access to Travel Assistance, Life Service Toolkit, and basic life insurance, if eligible. To find more information about your benefits visit pebp.state.nv.us.

CDHP, LD PPO and EPO Network Change

Effective July 1, 2021 the Aetna Signature Administrators **PPO** (ASA) network will replace the Hometown Health and Sierra Health-Care Options networks. The ASA network may include changes to the network status of hospitals, laboratories, primary care physicians, specialists, and ancillary providers.

Aetna network The change will not affect the

claims administrator or providers. dental **HealthSCOPE** Benefits will still administer your claims The and Diversified Dental network is remaining the same. Find Diversified Dental providers on PEBP's website, under Find a Provider.

Consumer Driven Health Plan (CDHP), Premier Plan (EPO), and Low Deductible PPO (LD PPO) participants encouraged to research ASA providers to ensure any providers that are

currently being used are in the ASA network before accessing services beginning July 1, 2021. It is your responsibility to confirm the network status of a provider before accessing services. confirm the status of a provider, aetna.com/asa, or contact HealthSCOPE Benefits at 1-888-763-8232.

Please click here to view the mailing regarding the network change.



Reinstatement For Non-State Medicare Retirees

Assembly Bill 48, Medicare Non-State Reinstatement, was passed in May 2021. This allows Bill Non-State Medicare eligible retirees one-time to reinstate coverage, minus any basic life insurance, during a PEBP open enrollment period or a special enrollment period.

The board approved a special enrollment period beginning July 1, 2021 through open enrollment in May 2022. After May

31, 2022 Non-State Retirees will have to reinstate coverage only during a PEBP open enrollment period.

For more information regarding this Bill please view the <u>Legislative</u>

Update Bill Tracking
Report from the June
11th Board Meeting. If
you were a Non-State
retiree previously on a
PEBP plan and would
like to reinstate PEBP
coverage please contact
PEBP Member Services
at 775-684-7000.

Upcoming Changes to Routine Lab Services

For members on the CDHP, LD PPO, and EPO plan, effective July 1, 2021 routine lab services performed at Renown Hospital will no longer be covered under your health insurance plan. Pre-admission testing, ER, and urgent care lab

services at Renown will be covered. Laboratory outpatient services are only covered when ordered by a physician or health care practitioner. For routine lab services please use a free-standing (non-hospital based) laboratory such as Lab Corp, Quest or other in-network free-standing facilities. You may call Health Scope Benefits at 1-888-763-8232 or use the Find a Provider tool at https://pebp.state.nv.us to search for in-network laboratories.





Special Programs Offered to HPN Members

Staving healthy is not always easy. From exercising to eating the right foods, you can be overwhelmed with making the right decisions. Balancing busy lifestyle with healthy lifestyle challenging. HPN offers many classes. both in-person and online, to

help keep you moving and informed about healthy choices and managing your health. Those classes include information on breastfeeding, diabetes. healthy kids, nutrition, resources to stop smoking, and weight management. View the class calendar, or click here to view all health

education and wellness programs.

If you have diabetes or asthma, you may be eligible to receive educational materials and calls from a registered nurse or health coach. For more information, call the Disease Management Program toll-free at

1-877-692-2059.

Please visit HPN's site at https://www.myhpnstateofnevad
a.com/ for healthy recipes, pregnancy and new baby support, and healthy rewards programs.

We are now accepting walk-ins by appointment only on Thursday's. To schedule an appointment please call Member Services at 775-684-7000, option #2.

Planning on Retiring or Already Retired and Age 65 or Older?

Aging PEBP is here to help you make that transition. Please view the 1, 2, 3, 4, 5 flyer for a step by step guide. Due to the inability weekly Age-In Medicare life insurance may not be

webinars every Tuesday. To register for a meeting please visit the calendar of events page.

to host the in-person Per NRS 287.0475, basic

Medicare? meetings there are live reinstated and will be forfeited if a retired declines employee or disenrolls from a qualified medical plan through Via Benefits or does not pay their premiums for Medicare

Part B. You will lose your basic life insurance, PEBP dental, and voluntary benefits if applicable, if you enroll in a plan outside of Via Benefits.



Stop Overpaying for Healthcare - Healthcare Bluebook

For members CDHP, LD PPO, and EPO cost of care, you risk overpaying for certain procedures. Healthcare Bluebook shows you who's expensive and who's not so you can decide where to go. When you shop for certain

on the procedures on Healthcare Bluebook and use a Fair plan. If you can't see the Price facility, you may be eligible for a cash reward.

> The facility your doctor refers you to has a HUGE impact on your medical bill, but unfortunately doctors typically don't have access to the

necessary information to make the best choice for you and your wallet. With Healthcare Bluebook, you'll have everything you need to avoid being referred to an overpriced facility. Shop for your procedure and talk to your doctor. First gear up download and the Healthcare Bluebook app or login using the single sign on feature on your E-PEBP portal. Then search for your procedure in Healthcare Bluebook to see Fair Price (green) facilities in your area. Finally show your doctor the Fair Price (green) facilities and they can refer you to one.

What is considered a qualifying life event and where do I submit my documents?

A qualifying life event is a change in either the participants or dependent's status that makes them eligible or ineligible for group insurance coverage. Adoption, birth, divorce, marriage, an established or terminated domestic partner, dependent gains or loses coverage are all qualifying life events. Did you know that if your spouse or domestic partner gains coverage from their employer, you will need complete a dependent gains coverage event? You can upload your documents on your E-PEBP portal.





How do I change or add a beneficiary?

important to keep your beneficiaries up-to-date. Did you know that you can change your beneficiaries yourself? There is a step-by-step guide found on PEBP's homepage under What's New and How to Add or Change a Beneficiary.

When do I contact HealthScope or Via Benefits?

Contact HealthScope for: ID cards, HSA/HRA/FSA inquiries, and claims for dental and medical.

HealthScope: 1-888-763-8232

Contact Via Benefits if you are on Medicare Exchange and you have questions regarding carrier and provider issues, HRA reimbursement, billing, and any plan questions.

Via Benefits: 1-888-598-7545